

**SPECIAL**

**Bulk Foods  
Yogurt Pretzels**  
Select varieties, 12 oz.



**Buy 1 Get 1  
FREE**  
Save up to \$3.99



**GO  
PLANT-  
BASED!!**  
See below for special savings.

# Sweet Strawberries

**1 LB.  
CLAMSHELL**

**2 for \$3**

**Sweet Honey Mangos**



**2 for \$1**

**California Navel Oranges**



**4 lbs. for \$1**

**Yellow Onions or  
Russet Potatoes**



**2 lbs. for \$1**

**Pink Lady Apples**



**88¢ lb.**

**Tender Asparagus**



**\$1.88 lb.**

**Sweet Potatoes**



**88¢ lb.**

**Beefsteak or Roma  
Tomatoes..... 98¢/lb.**

**Wonderful Halos California  
Mandarins (2 lb. bag) ..... \$2.98/ea.**

**Zucchini or Yellow  
Squash ..... 98¢/lb.**

## PLANT-BASED TASTES GREAT!!



**35% OFF**  
regular retail

**All Silk®, So Delicious®,  
Earthbound Farm®  
and Vega™ products**

**Plus, GET \$5 OFF WHEN YOU SPEND \$25 ON THESE BRANDS**

### Go Nuts Sale

Raw Almonds, walnuts or whole cashews



**\$4.99 lb.**

Prepackaged and organic items excluded.

### Kashi GOLEAN Cereal

Select varieties, 10.8-14 oz.



**2 for \$5**

### LÄRABAR

Select varieties, 1.6-1.8 oz.



**88¢ ea.**

Save an extra 10% on a full 16 ct. box of your favorite flavor!



## SPROUTS OLD TYME BUTCHER SHOP

**85% Extra-Lean  
Ground Chuck**

The best ground beef in town!  
Ground fresh in-store daily.



**\$3.99 lb.**

**VALUE PACK!**

**Boneless Skinless  
Chicken Breasts or Thighs**

Always fresh and all-natural,  
with no additives!



**\$1.77 lb.**

**VALUE PACK!**

**Fresh Atlantic  
Salmon Fillets**

High in omega-3 fatty acids.  
Farm-raised.



**\$6.99 lb.**

**PROMOTES A HEALTHY HEART**

Sale prices valid March 2, 2016 - March 9, 2016

03-02-16 GA-1

We reserve the right to limit quantities. Offers not available to wholesalers. No case discounts.

# Are you a SMOOTHIE STAR?



## MARCH 2-9

SUBMIT YOUR BEST PLANT-BASED SMOOTHIE CREATION FOR A CHANCE TO WIN A PREMIUM SMOOTHIE BLENDER AND BE FEATURED IN AN UPCOMING SPROUTS RECIPE E-BOOK!

Give it a whirl!

[SPROUTS.COM/SMOOTHIE](http://SPROUTS.COM/SMOOTHIE)

## BULK FOODS

**Dried Tart Cherries**



**\$7.99**  
lb.

**Large Medjool Dates**

Prepackaged, 13.5 oz.



**\$4.99**  
ea.

**Chocolate Almond Clusters**

Dark or milk chocolate.



**\$6.99**  
lb.

**White Quinoa**



**\$3.99**  
lb.

**Pinto Beans**



**99¢**  
lb.

**Wild Blueberry & Flax Granola**



**\$2.99**  
lb.

## BEER & WINE

**King Stag or 14 Hands Hot to Trot**



**\$7.99**  
ea.

Select varieties, 750 ml.

**Chateau St Jean Chardonnay or The Crusher**



**\$10.99**  
ea.

Select varieties, 750 ml.

**Full Sail or Magic Hat**

Select varieties, 6 pk., 12 oz.



**\$7.99**  
ea.

**Heineken Lager or Oskar Blues**

Select varieties, 6 pk., 12 oz.



**\$7.99**  
ea.

SPONSORED BY



vega

## DAIRY & FROZEN

**Udi's Frozen Favorites**

Select varieties, 4.5-24 oz.



**30% off**  
regular retail

**Kashi Frozen Favorites**

Select varieties, 10-10.1 oz.



**35% off**  
regular retail

**Alexia Potato Fries**

Select varieties, 20 oz.



**Buy 1 Get 1 FREE**

**Odwalla Juice**

Select varieties, 15.2 oz.



**Buy 1 Get 1 FREE**

**Earth Balance Buttery Spread or Sticks**

Select varieties, 10-16 oz.



**\$2.99**  
ea.

**Talenti Gelato**

Select varieties, 32 oz.



**VALUE SIZE!**

**\$6.99**  
ea.

**Silk Dairy-Free Yogurt**

Select varieties, 24 oz.



**35% off**  
regular retail

**Silk Soy Creamer**

Select varieties, 32 oz.



**35% off**  
regular retail

**Blake's Entrées**

Select varieties, 8 oz.



**2 for \$6**

**Gardenburger Veggie Burgers**

Select varieties, 4 ct.



**\$2.99**  
ea.

## FRESH PRODUCE

**Red or Green Seedless Grapes**



**2 for \$5**  
lbs.

**Blueberries or Blackberries**



**2 for \$5**  
5.6 oz.

**Jumbo Hass Avocados**



**4 for \$5**

**Organic Hass Avocados**



**.98¢**  
ea.

**Organic Bunched Broccoli**



**2 for \$3**

**Organic Valencia Oranges or Grapefruit**



**\$2.98**  
ea.

# GROCERY SPECIALS

 <p><b>Essentia Water</b> 1 ltr.</p> <p><b>4 for \$5</b></p>	 <p><b>Food Should Taste Good Tortilla Chips</b> Select varieties, 5.5 oz.</p> <p><b>2 for \$4</b></p>	 <p><b>Amy &amp; Brian Coconut Water</b> Select varieties, 17.5 oz.</p> <p><b>5 for \$5</b></p>	
 <p><b>Muir Glen Organic Tomatoes</b> Select varieties, 14.5-15 oz.</p> <p><b>4 for \$5</b></p>	 <p><b>Hansen's Soda</b> Select varieties, 6 pk., 12 oz.</p> <p><b>2 for \$5</b></p>	 <p><b>Ancient Harvest Supergrain Pasta</b> Select varieties, 8 oz.</p> <p><b>2 for \$5</b></p>	 <p><b>Botticelli Pasta Sauce</b> Select varieties, 24 oz.</p> <p><b>\$3.99 ea.</b></p>
 <p><b>Kettle Brand Potato Chips</b> Select varieties, 13 oz.</p> <p><b>2 for \$6</b></p>	 <p><b>Eden Beans</b> Select varieties, 15 oz.</p> <p><b>2 for \$3</b></p>	 <p><b>Justin's Peanut Butter or Bonne Maman Preserves</b> Select varieties, 13-16 oz.</p> <p><b>2 for \$6</b></p>	 <p><b>Wild Planet, Bela or Crown Prince</b> All Items <b>25% off</b> regular retail</p>
 <p><b>Country Archer Beef Jerky</b> Select varieties, 3 oz.</p> <p><b>\$3.99 ea.</b></p>	 <p><b>Sprouts Organic Apple Juice</b> 1 gal.</p> <p><b>\$7.99 ea.</b></p>	 <p><b>Lundberg Rice or Risotto</b> Select varieties, 5.5-6 oz.</p> <p><b>2 for \$4</b></p>	 <p><b>Organic India Tea</b> Select varieties, 18 ct.</p> <p><b>2 for \$6</b></p>
 <p><b>Halfpops Popcorn</b> Select varieties, 6 oz.</p> <p><b>2 for \$5</b></p>	 <p><b>Earth's Best Organic Baby Food Jars or Pouches</b> Select varieties, 3.5-4.2 oz.</p> <p><b>5 for \$5</b></p>	 <p><b>California Olive Ranch Extra Virgin Olive Oil</b> Select varieties, 16.9 oz.</p> <p><b>\$6.99 ea.</b></p>	 <p><b>Good Health Veggie Straws or Stix</b> 6.75 oz.</p> <p><b>2 for \$5</b></p>

**DID YOU KNOW?** SMOOTHIE ORDER MATTERS! FOR BETTER BLENDING, THINK LIQUIDS FIRST, THEN SOFT FRUITS OR VEGGIES AND LEAFY GREENS. THEN, TOP OFF WITH ICE OR FROZEN FRUIT! MORE SMOOTHIE TIPS HERE: [SPROUTS.COM/SMOOTHIE](http://SPROUTS.COM/SMOOTHIE).

# VITAMINS & BODY CARE

 <p><b>Jarrow Formulas</b> All Items <b>25% off</b> regular retail</p>	 <p><b>New Chapter</b> All Items <b>25% off</b> regular retail</p>	 <p><b>vega</b> All Items <b>35% OFF</b> REGULAR RETAIL</p>			
 <p><b>Creative Bioscience</b> All Items <b>25% off</b> regular retail</p>	 <p><b>Hero Nutrition</b> All Items <b>25% off</b> regular retail</p>	 <p><b>Trace Minerals</b> All Items <b>20% off</b> regular retail</p>	 <p><b>Hyalogic</b> All Items <b>20% off</b> regular retail</p>	 <p><b>Nature's Way Liquid Coconut Oil or Raw Coconut Oil</b> Select varieties, 10-20 oz. <b>20% off</b> regular retail</p>	 <p><b>Solaray Multidophilus 12</b> 50 v-caps <b>\$11.99 ea.</b></p>
 <p><b>Andalou Naturals Hair Care</b> Select varieties, 5.8-11.5 oz. <b>Buy 1 Get 1 FREE</b></p>	 <p><b>Nubian Heritage</b> All Items <b>25% off</b> regular retail</p>	 <p><b>Aura Cacia Essential Oils and Skin Care Oils</b> Select varieties, .5-16 oz. <b>25% off</b> regular retail</p>	 <p><b>Nature's Gate Toothpaste</b> Select varieties, 5-6 oz. <b>25% off</b> regular retail</p>		

4 ESSENTIAL SUPPLEMENTS FOR HEALTHIER LIVING

 <p><b>MegaFood One Daily</b> Select varieties, 60 tabs <b>20% off</b> regular retail</p> <p>MULTIVITAMIN</p>	 <p><b>Flora Udo's Choice Probiotics</b> Select varieties and sizes <b>20% off</b> regular retail</p> <p>PROBIOTIC</p>	 <p><b>Sprouts Organic Spirulina 500mg</b> 100 or 250 v-tabs <b>25% off</b> regular retail</p> <p>SUPERFOOD</p>	 <p><b>Renew Life Norwegian Gold Krill Omega or Super Critical Omega</b> 30 softgels <b>\$25.99 ea.</b></p> <p>OMEGA-RICH OILS</p>
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# SPROUTS OLD TYME BUTCHER SHOP

## Farm-Fresh, Bone-In Assorted Pork Chops or Spare Ribs

Premium, all-natural pork! Moist and tender.



SAVORY!

**\$1.99** lb.

## Pork or Chicken Sausage Bonanza

Freshly handcrafted in-store, with no added MSG or nitrates. Links or bulk available.



ALL-NATURAL!

**\$3.99** lb.

## All-Natural Whole or Split Chicken

Moist and tender.



FRESH! NEVER FROZEN

**\$1.29** lb.

Fresh Natural Whole Cut-Up Chicken .....\$1.69/lb.

## Marinated Carne Asada or Gourmet Beef Burgers

Our famous Carne Asada and Burgers are handcrafted using fresh, all-natural beef.



GREAT FLAVORS!

**\$4.99** lb.

## SPROUTS FISH MARKET

Wild species, weather permitting.

## SEAFOOD SEASON

### Alaskan Cod Fillets or Swordfish Steaks

Delicious, healthy choices! Previously frozen.



WILD CAUGHT favorites

**\$7.99** lb.

### Extra-Jumbo Wild Gulf Shrimp

Shell-on. Sweet and succulent! Raw, 16/20 ct. Previously frozen.



PRODUCT OF USA

**\$12.99** lb.

### Sea Cuisine Gourmet Frozen Seafood (All Items).....\$3.99/ea.

### Fresh Tilapia Fillets

Enjoy this mild classic broiled, baked or sauteed! Farm-raised.



VERSATILE!

**\$6.99** lb.

Fresh Catfish Fillets (firm-rsd).....\$8.49/lb.

### NEW! Old Tyme Applewood Stack Bacon (16 oz. pkg.)...\$4.99/ea.

### Fresh Ground Chicken, Super-Lean Pork or Chicken Breast.....\$2.99/lb.

## USDA Choice All-Natural London Broil

Flavorful and tender, our beef is raised exclusively for Sprouts. Boneless.



**\$4.99** lb.

Fresh Lamb Shoulder Chops (bone-in).....\$4.99/lb.

## USDA Choice All-Natural Top Sirloin Steak

Our exclusive beef, center-cut and boneless, flavorful and tender.



**\$8.99** lb.

Choice Natural New York Cut Sirloin Steak...\$9.99/lb.

# FRESH DELI

## Mild Cheddar Cheese

BULK CUT



**\$2.99** lb.

## Homestyle Turkey Breast



Sliced and pre-packaged for your convenience.

**\$6.99** lb.

## Spaghetti with Meatballs



**\$2.99** lb.

## True Story All Natural Sliced Meats

Select varieties, 6-7 oz.



NEW!

**\$4.99** ea.

## Greek Salad



**\$5.99** lb.

## Cedarlane Fresh Salads

Select varieties, 10-12 oz.



**\$3.99** ea.

# BAKERY

## Freshly Baked Cookies

Select varieties.



12 PACK!

**\$2.99** ea.

Everyday low price.

## Sprouts Artisan Bread

Select varieties, 13-14 oz.



**\$2.99** ea.

Everyday low price.

## Sprouts two-bite treats

Select varieties, 9.52-13 oz.



**\$2.99** ea.

## Sprouts Hamburger Buns or Hot Dog Buns

Select varieties, 8 ct.



**2 for \$5**

# DOUBLE AD WEDNESDAYS!

Last week's ad and this week's ad overlap for twice as many items on sale!

Effective March 2, 2016 - March 9, 2016

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
2	3	4	5	6	7	8	9

For store hours, visit us online at [sprouts.com](http://sprouts.com)



OFFERS ONLY GOOD AT

**Cumming**  
530 Lakeland Plaza, Suite B  
Cumming, GA 30040  
470-505-2000

**Dunwoody**  
2480 Mt. Vernon Rd.  
Dunwoody, GA 30338  
678-690-1237

**East Cobb**  
4101 Roswell Rd., NE  
Marietta, GA 30062  
770-200-9172

**Johns Creek**  
3630 Peachtree Pkwy. #99  
Suwanee, GA 30024  
678-690-1243

**Peachtree Corners**  
5130 Peachtree Pkwy., #100  
Peachtree Corners, GA 30092  
678-690-1249

**Roswell**  
10800 Alpharetta Hwy.  
Roswell, GA 30076  
678-353-0102

**Sandy Springs**  
4600 Roswell Rd. #A100  
Sandy Springs, GA 30342  
678-954-5294

**Smyrna**  
4330 East-West Connector  
Smyrna, GA 30082  
770-200-7587

**Snellville**  
The Shoppes at Webb Gin  
1250 Scenic Hwy., Suite 1704  
Lawrenceville, GA 30045  
678-690-1279

PRICES OR ITEMS MAY VARY IN OTHER LOCATIONS.

## Satisfaction Guaranteed!

If for any reason you are not delighted with your purchase at Sprouts, we'll be happy to exchange it or (with a proper receipt) refund your money. We want you to use this guarantee as a license to be adventurous, and try new products without risk.

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Coupons, free products and more when you join our FREE mailing list.

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03-02-16 GA-4