

SPECIAL

Dried Cranberries



\$2.99
lb.



Try our **Gluten FREE** Favorites!

STOCK UP AND SAVE ON GLUTEN FREE FAVORITES

Sweet Black Seedless Grapes

88¢
lb.

Yellow, Red or White Onions



48¢
lb.

Sweet Cantaloupes



88¢
ea.

Cucumbers or Green Bell Peppers



48¢
ea.

On-the-Vine Cluster Tomatoes or Green Beans



98¢
lb.

Tender Asparagus



\$1.98
lb.

Gala, Jonagold or Cameo Apples



98¢
lb.

Zucchini or Yellow Squash 98¢/lb.



Jumbo Hass Avocados 2 for \$3



Romaine, Red or Green Leaf Lettuce 98¢/ea.



ORGANIC PRODUCE



Organic Honeycrisp Apples



\$1.98
lb.

Try our **Gluten FREE** Favorites!

STOCK UP AND SAVE ON SELECT GLUTEN-FREE FAVORITES

40% off regular retail

Select brands, varieties and sizes.



SEE INSIDE FOR MORE SAVINGS!

Chobani Greek Yogurt
Select varieties, 5.3 oz.



Buy 1 Get 1 FREE
Save up to \$1.79

La Tortilla Factory Low Carb Tortillas
Select varieties, 8-10 ct.



Buy 1 Get 1 FREE
Save up to \$4.99

Nature's Way



LINE DRIVE SAVINGS
All Items
25% off regular retail

Whole Cashews



Raw, roasted salted, or unsalted
\$5.99
lb.



SPROUTS OLD TYME BUTCHER SHOP

93% Super-Lean Ground Sirloin

The best ground beef in town!
Ground fresh in-store daily.



\$4.99
lb.

Boneless Pork Sirloin Roast or Chops

Farm-fresh and all-natural, with no added enhancers or solutions.



\$1.79
lb.

Wild Freshly Caught Pacific Salmon Fillets

Rich flavor, superb health benefits!



\$5.99
lb.

Sale prices valid October 14, 2015 - October 21, 2015

10-14-15 TX-1

We reserve the right to limit quantities. Offers not available to wholesalers. No case discounts.

Find Your BOTANICAL Bliss

Ashwagandha
Withania somnifera
Promotes Healthy Stress Response



Elderberry
Sambucus nigra
Maintains a Healthy Immune System



Echinacea
Echinacea purpurea or Echinacea angustifolia
Enhances Immune Function



Turmeric
Curcuma longa
Supports Heart, Joint & Liver Function



Ginger
Zingiber officinale
Soothes the Tummy & Supports Digestion



Find your Botanical Bliss with ginger, echinacea, ashwagandha, elderberry and turmeric botanicals. Available in liquid or capsule varieties.

BULK FOODS

BEER & WINE

Roasted Almonds
Salted or unsalted



\$5.99 lb.

Dried Tart Cherries



\$7.99 lb.

Estancia or Casillero del Diablo Wine



\$8.99 ea.

Mix and match 6 bottles or more and save an additional 10%. -10% discount = \$8.09 ea. Select varieties, 750 ml.

Chocolate Almonds
Milk or dark chocolate



\$4.99 lb.

Oats
Quick, rolled or steel cut



2 lbs. for \$1

7 Deadly Zins, Kim Crawford or Francis Coppola Wine



\$14.99 ea.

Mix and match 6 bottles or more and save an additional 10%. -10% discount = \$13.49 ea. Select varieties, 750 ml.

French Vanilla Almond Granola



\$2.99 lb.

Sunflower Seed Kernels
Raw, roasted salted, or unsalted



\$1.99 lb.

Omission Beer or Angry Orchard Hard Cider
Select varieties, 6 pk., 12 oz.



\$7.99 ea.

Sierra Nevada or Corona Beer
Select varieties, 6 pk., 12 oz.



\$7.99 ea.

GF & AF EXPO PRESENTED BY **udis glutino**



OCTOBER 17-18 • DALLAS MARKET HALL NORTH HALL
The biggest gluten free & allergen friendly event in the US
Purchase discounted advance tickets at GFAFEXPO.COM

VITAMINS & BODY CARE

Source Naturals



LINE DRIVE SAVINGS
All Items
25% off regular retail

Rainbow Light



LINE DRIVE SAVINGS
All Items
25% off regular retail

Natural Factors



LINE DRIVE SAVINGS
All Items
25% off regular retail

Ricola



LINE DRIVE SAVINGS
All Items
25% off regular retail

ONNIT



LINE DRIVE SAVINGS
All Items
25% off regular retail

Mineral Fusion Cosmetics
Select varieties and sizes



25% off regular retail

Kyolic



LINE DRIVE SAVINGS
All Items
25% off regular retail

Lily of the Desert



LINE DRIVE SAVINGS
All Items
25% off regular retail

LifeFlo



LINE DRIVE SAVINGS
All Items
25% off regular retail

MediNatura T-Relief
Select varieties and sizes.



25% off regular retail

MRM Veggie Protein
Chocolate or vanilla, 20.1 oz.



25% off regular retail

Nature's Gate Shampoo or Conditioner
Select varieties 18 or 32 oz.



25% off regular retail

Jarrow MK-7
60 softgels



25% off regular retail

Bluebonnet Calcium Citrate Magnesium Vitamin D3
90 or 180 caps



25% off regular retail

Natrol Biotin 10,000mcg Maximum Strength
100 tabs



25% off regular retail

Gluten FREE Favorites!

On Sale!

Sprouts is your gluten-free destination, carrying more than 2,500 gluten-free items! This week, find hundreds of gluten-free favorites specially priced throughout the store.



Gluten-Free
GAME CHANGERS
SAVE 40% OFF
REGULAR RETAIL*
ON MORE THAN ONE HUNDRED
GREAT-TASTING PRODUCTS
*SELECT BRANDS VARIETIES AND SIZES



<p>Lucy's LINE DRIVE SAVINGS All Items 40% off regular retail</p>	<p>Kinnikinnick LINE DRIVE SAVINGS All Items 40% off regular retail</p>	<p>Bob's Red Mill Baking Mixes Select varieties, 8-44 oz. 40% off regular retail</p>	<p>Nairn's Cookie Snack & Go Packs Select varieties, 4 ct. 40% off regular retail</p>
<p>Sprouts Corn & Quinoa Pasta Select varieties, 8 oz. 40% off regular retail</p>	<p>Food Should Taste Good Tortilla Chips Select varieties, 5.5 oz. 2 for \$4</p>	<p>479 Popcorn Select varieties, 4-5 oz. 2 for \$5</p>	<p>Annie's Homegrown Cookies Select varieties, 6.75 oz. 2 for \$6</p>
<p>thinkThin Crunch or Protein Bars Select varieties, 1.41 oz. 5 for \$5</p>	<p>Freedom Foods Cereal Select varieties, 10-12.3 oz. 2 for \$4</p>	<p>Blue Diamond Artisan Nut-Thins Select varieties, 4.25 oz. 2 for \$5</p>	<p>Kind Granola Clusters Select varieties, 11 oz. \$3.99 ea.</p>
<p>Organic India Tea Select varieties, 18 ct. 2 for \$6</p>	<p>Milton's Cookies Select varieties, 5.9 oz. 2 for \$6</p>	<p>Evolution Fresh Juice Select varieties, 15.2 oz. \$3.69 ea.</p>	<p>Daiya Cheese Style Shreds Select varieties, 8 oz. \$2.99 ea.</p>
<p>Follow Your Heart Original Vegenaïse 16 oz. \$2.99 ea.</p>	<p>Dreaming Cow Yogurt Select varieties, 6 oz. 99¢ ea.</p>	<p>Arctic Zero Fit Frozen Desserts Select varieties, 16 oz. 2 for \$6</p>	<p>Katz Frozen Donuts Select varieties, 10.5-14 oz. \$4.99 ea.</p>
<p>Hilary's Eat Well Frozen Veggie Burgers Select varieties, 2 ct. 2 for \$5</p>	<p>O'Dough's Frozen Bagel Thins Select varieties, 10.6 oz. 2 for \$6</p>	<p>Glutenfreeda Frozen Burritos Select varieties, 4 oz. 2 for \$5</p>	<p>Three Bakers Frozen Pizza Select varieties, 9 oz. \$5.99 ea.</p>

FRESH PRODUCE

<p>Golden Ripe Pineapples 2 for \$5</p>	<p>Carving Pumpkins \$3.98 ea.</p>	<p>Blackberries or Raspberries 6 oz. 2 for \$5</p>
<p>Organic Ripe Hass Avocados 4 for \$5</p>	<p>Organic Red, Green or Black Seedless Grapes \$2.88 lb.</p>	<p>Organic Green Curly, Lacinato or Red Russian Kale 2 for \$3</p>



SPROUTS OLD TYME BUTCHER SHOP

Pork or Chicken Sausage Bonanza

Handcrafted fresh in each store, with no added MSG or nitrates. Choose from links or bulk.

FRESH



TASTES GREAT!

ALL VARIETIES ON SALE!

ALL NATURAL!

\$3.99 lb.

SPROUTS FISH MARKET

Wild species, weather permitting.

Raw EZ Peel Extra-Large Shrimp

Farm-raised, frozen.

26/30 ct.



\$12.98 ea.

Sold in 2-lb. bags.

Wild Alaskan Cod Fillets

Caught in the clear, icy waters of the Pacific Northwest. Previously frozen.



WILD CAUGHT favorites

\$7.99 lb.

Fresh Catfish or Tilapia Fillets (farm-raised) \$6.99/lb.

Chicken Breast Tenders or Boneless Skinless Thighs

All-natural and fresh, never frozen!



ANY SIZE PACKAGE!

\$2.99 lb.

All-Natural Pork Spare Ribs or Assorted Loin Chops

Fresh, high-quality succulent pork. Bone-in.



TENDER!

GREAT FLAVOR

\$2.99 lb.

SPECIAL Old Tyme Uncured Dry Rubbed Bacon (Classic or Black Forest, 12 oz. pkg.)..... \$5.99/ea.

Gourmet Marinated Chicken Kabobs or Pollo Asado... \$2.99/lb.

USDA Choice All-Natural Chuck Roast, Steak or London Broil

Flavorful and tender, our beef is raised exclusively for Sprouts.



\$5.49 lb.

USDA Choice All-Natural Flank, Skirt or Tri-Tip Steak

Marinate and grill over hardwood coals. Slice against the grain to serve.



\$6.99 lb.

Rosie Organic Chicken Breast Thin-Sliced, Boneless Skinless

No hormones or antibiotics added, ever! 100% vegetarian diet.



\$8.99 lb.

FRESH DELI

Pastrami



Sliced and pre-packaged for your convenience.

\$8.99 lb.

Imported rBST Free Swiss Cheese



BULK CUT

rBST-FREE

\$5.99 lb.

San Luis Burritos

Select varieties, 10 oz.



\$2.99 ea.

Chicken Alfredo



\$4.99 lb.

Venice Bakery Gluten Free Cheese Pizza

7 oz.



\$3.99 ea.

Little Roo Extra Sharp Cheddar

Imported from Australia



NEW!

\$5.99 lb.

BAKERY

Freshly Baked Muffins

Select varieties, 4 pk.



\$2.99 ea.

Sprouts Take N Bake Artisan Breads

Select varieties, 12-14 oz.



2 for \$5

Raspberry Cream Cheese or Apple Coffee Cake

16 oz.



\$3.99 ea.

Lucky Spoon Gluten Free Treats

Select varieties, 6-8 oz.



25% off regular retail

DOUBLE AD WEDNESDAYS!

Last week's ad and this week's ad overlap for twice as many items on sale!

Effective October 14, 2015 - October 21, 2015

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
14	15	16	17	18	19	20	21

For store hours, visit us online at sprouts.com



Austin
Great Hills Trail & Rese arch Blvd.
512-225-9101

Austin
S. Lamar Blvd. & HWY 71
512-444-3079

Austin
Manchaca Rd. & William Cannon
512-687-2204

Arlington
I-20 & Green Oaks Blvd
682-587-0086

Carrollton
Hebron Pkwy & N Josey Ln.
972-428-5785

Cedar Hill
FM 1382 & HWY 67
972-637-5108

Cedar Park
Lakeline Blvd. & Cypress Creek
512-279-8312

Coppell
Sandy Lake & Denton Tap Rd.
972-350-8051

Dallas
Henderson & Ross
214-826-2937

Dallas
Forest & Marsh
214-350-0574

Flower Mound
Cross Timbers & Morriss
972-874-7380

Fort Worth
I-20 & Hulen
682-747-5790

Fort Worth-Camp Bowie
Camp Bowie Blvd. & Ridglea Ave.
682-747-5456

Frisco
Preston & Lebanon
972-464-5776

Hurst
Grapevine Hwy. & Mid Cities Blvd
682-325-5977

Keller
Main St. & Tarrant Pkwy.
817-380-7024

Mansfield
Debbie Ln. & Matlock Rd.
682-422-0061

McKinney
Custer Rd. & Virginia Pkwy.
469-481-5000

Murphy
E. FM 544 & Murphy
972-265-4770

Piano
Coit & Legacy
972-618-8902

Richardson
Coit & Campbell
214-442-5961

Round Rock
HWY 620 & I-35
512-334-4684

Southlake
Randol Mill & Southlake
682-223-5805

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