

**★ 3 DAYS ONLY! ★**

**Sausage Extravaganza**  
**Pork or Chicken**  
**Friday - Sunday**  
 Freshly handcrafted in-store daily,  
 with no added MSG or nitrates.

ALL-NATURAL!

ALL VARIETIES ON SALE!

**\$2.99**  
lb.



**Blueberries** 18 oz.

**\$1.98**  
ea.

**Large Red Mangos**

**48¢**  
ea.

**Ripe Hass Avocados**

**48¢**  
ea.

**Cucumbers, Cilantro,  
Green Onions or Red Radishes**

**48¢**  
ea.

**Black Plums, Yellow Peaches  
or Nectarines**

**98¢**  
lb.

**Sweet Red Cherries**

**\$2.98**  
lb.

**Broccoli Crowns or  
Brussels Sprouts**

**98¢**  
lb.

**Red, Yellow or  
Orange Bell Peppers**

**98¢**  
ea.

**Whole Seedless Watermelons**

**\$2.98**  
ea.

**Gala, Granny Smith  
or Red Delicious Apples**

**98¢**  
lb.

**ORGANIC PRODUCE**

**Organic Large Cantaloupes**

**2 for \$3**

**Kettle Brand  
Popcorn or Potato Chips**  
 Select varieties, 3-5 oz.

**2 for \$3**

**Talenti Gelato or  
Gelato Pops**  
 Select varieties, 9-16 oz.

**\$3.99**  
ea.

**Wonderful  
Pistachios**  
 Select varieties, 7-8 oz.

**\$3.99**  
ea.

**Modelo Especial or  
Blue Moon Beer**  
 Select varieties, 12 pk., 12 oz.

**\$11.99**  
ea.

**Santa Cruz  
Organic  
Lemonade**  
 Select varieties,  
32 oz.

**99¢**  
ea.

**RED, WHITE & BREW**

**Bud Light, Miller Lite  
or Coors Light Beer**  
 Select varieties, 18 pk., 12 oz.

**\$11.99**  
ea.

**SPROUTS OLD TYME BUTCHER SHOP**

**Summertime Lamb  
Shoulder Chops**  
 This value-priced cut of lamb  
 is easy to marinate, then grill or  
 braise to tender perfection! Bone-in.

**\$2.99**  
lb.

**Farm-Fresh Super-Lean  
Chicken Breast Tenders**  
 An all-natural, 99% fat-free  
 choice for any healthy meal.

**\$1.99**  
lb.

**Fresh Atlantic  
Salmon Fillets**  
 High in Omega-3 fatty acids.  
 Farm-raised.

**\$5.99**  
lb.

# PIE IN JULY



FRESHLY BAKED  
PIES

**\$4.99**  
ea.

## BULK FOODS

**Roasted Salted Okra Chips**



**\$6.99**  
lb.

**Thompson Seedless Raisins**



**\$1.99**  
lb.

**Honey Roasted Peanuts**



**\$2.99**  
lb.

**Dark Chocolate Pecans**



**\$5.99**  
lb.

**Caramel Delight Trail Mix**



**\$3.99**  
lb.

**Dark Chocolate Fruit & Nut Mix**



**\$4.99**  
lb.

**Bulk Foods Yogurt Pretzels**

Select varieties, 12 oz.



**\$2.99**  
ea.

**Organic Cocoa Chia Granola**



**\$3.99**  
lb.

**Hot, Hot, Hot Snack Mix**



**\$2.99**  
lb.

★ ★ ★ *Have a happy and healthy Independence Day!* ★ ★ ★

### the ICE CREAM & NOVELTY Sale!

Select brands, varieties and sizes.

**2 for \$5**

**2 for \$6**

## DAIRY

**Daisy Brand**



**25% off**  
regular retail

**Simply Lemonade or Limeade**  
Select varieties, 59 oz.



**2 for \$5**

**Mountain High Yogurt**

Select varieties, 32 oz.



**2 for \$5**

**Daiya Cheese Style Shreds**  
Select varieties, 8 oz.



**\$2.99**  
ea.

# FRESH PRODUCE

**Red, Green or Black Seedless Grapes**



**\$1.98**  
lb.

**Strawberries, Blackberries or Raspberries**



**2 for \$5**

**Golden Ripe Pineapples**



**\$1.98**  
ea.

**Organic Yellow Peaches or Nectarines**



**2 lbs. for \$5**

**Organic Romaine, Red or Green Leaf Lettuce**



**2 for \$3**

**Organic Red or Green Seedless Grapes**



**2 lbs. for \$5**

# GROCERY SPECIALS

## SNACK ATTACK Chip Sale



**50% OFF**  
REGULAR RETAIL

\*Select brands, varieties and sizes.

### Zevia Soda

Select varieties, 6 pk. 12 oz.



**2 for \$7**

### Ozarka Water

24 pk.



**3 for \$10**

### California Olive Ranch Olive Oil

Select varieties, 16.9 oz.



**\$6.99** ea.

### Frontera



**35% off**  
regular retail

### Tradewinds Tea

Select varieties, 1 gal.



**2 for \$3**

### Jeff's Naturals Condiments



**35% off**  
regular retail

### Eden Beans

Select varieties, 15 oz.



**2 for \$3**

### Zola Coconut Water

Select varieties, 17.5 oz.



**2 for \$3**

### The Spice Hunter Grinders or Grill Shakers

Select varieties, .7-4.7 oz.



**35% off**  
regular retail

### Boylan Bottling Co. Soda

Select varieties, 4 pk., 12 oz.



**\$3.99** ea.

### Walden Farms



**25% off**  
regular retail

### World Centric



**35% off**  
regular retail

TASTE & QUALITY YOU CAN TRUST.

SPROUTS BRAND

PRICES YOU'LL LOVE.

### SNAPS OR WAFERS

Select varieties, 14 oz.



**2 for \$3**

### CONDIMENTS

Select varieties, 2.25-32 oz.



**25% off**  
regular retail

### ORGANIC CRACKERS

Select varieties, 7-10.6 oz.



**2 for \$5**



America celebrates its independence with more than 14,000 fireworks displays each year. That's something to get fired up about!

# VITAMINS & BODY CARE



### Nature's Way

**25% off**  
regular retail



### Enzymatic Therapy

**25% off**  
regular retail



**Buy 1 Get 1 FREE**  
of equal or lesser value



### Amazing Grass

**20% off**  
regular retail



### Renew Life

**20% off**  
regular retail



### Trace Minerals

**20% off**  
regular retail



### MRM Whey Protein

**30% off**  
regular retail



### Boiron Arnicare Gel or Cream

**\$7.99** ea.



### Vega Protein & Greens

**\$32.99** ea.



### New Chapter Bone Strength

**\$42.99** ea.



### Tea Tree Therapy

**25% off**  
regular retail



### Mineral Fusion Hair Care

**25% off**  
regular retail



### Tom's of Maine Dental Care or Deodorant

**25% off**  
regular retail



### Burt's Bees Facial Cleansing Towelettes

**\$3.99** ea.

4 ESSENTIAL SUPPLEMENTS FOR HEALTHIER LIVING



4 ESSENTIAL SUPPLEMENTS FOR HEALTHIER LIVING



**25% off**  
regular retail

PROBIOTIC



**25% off**  
regular retail

OMEGA OIL



**\$29.99** ea.

MULTIVITAMIN



**\$29.99** ea.

SUPERFOOD



# SPROUTS OLD TYME BUTCHER SHOP

## Wild Large Lobster Tails

Sweet and succulent lobster for your gourmet surf n' turf! 5 oz. Previously frozen.

5 oz.



**\$6.99** ea.

## USDA Choice All-Natural Bone-In Ribeye Steak

Sprouts' exclusive beef; hand-trimmed, restaurant-quality steaks. Always tender and flavorful!



**\$8.99** lb.

# SPROUTS FISH MARKET

Wild species, weather permitting.

## Wild Large Alaskan Snow Crab Clusters

Succulent and delicious crab at a great value! Previously frozen.



**\$7.99** lb.

## Farm-Fresh Whole or Split Chicken

All-natural, with no added enhancers, solutions or broth!



**\$1.69** lb.

## Pork Shoulder Roast, Country Style Ribs or Spare Ribs

Easy slow-cooker choices for pulled pork or carnitas, or on the grill! Bone-in.



**\$2.99** lb.

## Fresh Wild White Sea Bass Fillets

These fillets are mild, slightly sweet and will cook up moist and tender.



**\$8.99** lb.

Fresh Natural Whole Cut-Up Chicken..... \$1.89/lb.

Fresh Natural Pork Baby Back Ribs..... \$3.99/lb.

Wild Peeled & Deveined Raw Shrimp, 31/40 ct. (previously frozen).... \$9.99/lb.

**SPECIAL**

Stuffed or Marinated Chicken Breasts (All Varieties)..... \$2.99/lb.

Fresh Summer Lamb Loin Chop (bone-in)... \$7.99/lb.

## Sprouts 100% Grass-Fed Ground Beef

No hormones or antibiotics added, ever! A good source of Omega-3 fatty acids. Previously frozen.



**\$5.99** lb.

## USDA Choice All-Natural Rump Roast, Beef for Stew or Carne Asada

Great natural beef meal choices. Our signature beef is always tender and flavorful!



**\$4.99** lb.

## Sprouts Gourmet Beef or Turkey Burgers

Only the freshest ingredients are used to make these mouthwatering burgers and sliders!



**\$5.49** lb.

# FRESH DELI

## Mild White Cheddar Cheese



**\$2.99** lb.

## Roasted Chicken

Hot and ready to serve. Everyday low price. Select varieties.



**\$6.99** ea.

## Sprouts two-bite treats

Select varieties, 9.52-13 oz.



**\$3.99** ea.

## Pork Baby Back Ribs

Fully cooked, full rack. 22 oz.



**\$12.99** ea.

## Heart of Dairyland Burger Cut Cheese Rounds

Select varieties, 10 oz.



**\$4.99** ea.

## Frosted Sugar Cookies

Select varieties, 10 ct.



**\$2.99** ea.

## Cedar's Mediterranean Pita Chips

Select varieties, 6 oz.



**2 for \$5**

## Picnic Potato Salad or Macaroni Salad



**\$3.99** lb.

## Sprouts Hamburger or Hot Dog Buns

Select varieties, 8 ct.



**2 for \$5**

## Picnic Cakes

Select varieties, 16 oz.



**\$3.99** ea.

# DOUBLE AD WEDNESDAYS!

Come on in Wednesday while this week's ad and last week's ad are effective for twice as many items on sale!

Effective July 1, 2015 - July 8, 2015

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
1	2	3	4	5	6	7	8

Open daily 7am - 10 pm



**OFFERS ONLY GOOD HIT**

**Bixby**  
10111 S. Memorial Dr.  
Tulsa, OK 74133  
918-364-7272

**Broken Arrow**  
851 E. Hillside Dr.  
Broken Arrow, OK 74012  
918-806-0810

**Edmond**  
24 E. 2nd St.  
Edmond, OK 73034  
405-341-5727

**Norman**  
559 W. Main St.  
Norman, OK 73069  
405-217-4601

**Oklahoma City**  
6410 N. May Ave.  
Oklahoma City, OK 73116  
405-879-9989

**Owasso**  
9601 N. 133rd E. Avenue  
Owasso, OK 74055  
918-516-6656

**Tulsa**  
4123 S. Harvard Ave  
Tulsa, OK 74135  
918-858-8850

PRICES OR ITEMS MAY VARY IN OTHER LOCATIONS.

[sprouts.com](http://sprouts.com)

Coupons, free products and more when you join our FREE mailing list.

Visit us online



**Satisfaction Guaranteed!**

If for any reason you are not delighted with your purchase at Sprouts, we'll be happy to exchange it or (with a proper receipt) refund your money. We want you to use this guarantee as a license to be adventurous, and try new products without risk.