

SPECIAL

Country Life



LINE DRIVE SAVINGS

All Items

25% off
regular retail



DOUBLE AD WEDNESDAYS!

TWO ADS, ONE DAY DOUBLE THE DEALS!

Green Seedless Grapes

88¢ lb.

Russet Potatoes, Yellow Onions or Green Cabbage



2 lbs. for \$1

On-the-Vine Cluster Tomatoes



88¢ lb.

Cucumbers



2 for \$1

Red, Yellow or Orange Bell Peppers



98¢ ea.

Yellow Peaches or Black Plums



98¢ lb.

Green Beans or Cauliflower



98¢ lb.

Fuji or Granny Smith Apples..... 98¢ /lb.

Cilantro, Red Radishes or Green Onions ... 2 for \$1

Baby Peeled Carrots (1 lb. bag) 98¢ /ea.

ORGANIC PRODUCE

Organic Driscoll's Blackberries or Raspberries



2 for \$5

HEALTHY SAVINGS with Kashi

30% OFF
regular retail
ALL KASHI ITEMS!



Additional Savings!

BUY 4 KASHI PRODUCTS, SAVE \$4 ON FRESH PRODUCE!

*Excludes Kashi GOLEAN cereal cups. Discount taken at register.



Go Crazy for Coconuts!

25% off
regular retail

Select brands, varieties and sizes



SPROUTS OLD TYME BUTCHER SHOP

Farm-Fresh Pork Tenderloin or Chicken Breast Tenderloins

Never frozen. Super-lean and healthy choices!



\$2.77 lb.

ALL-NATURAL!

Raw EZ Peel Colossal Shrimp

The sweetest shrimp on the market! Farm-raised, previously frozen.



\$7.99 lb.

13/15 CT.

SUCCULENT!

Sale prices valid August 5, 2015 - August 12, 2015

08-05-15 OK-1

We reserve the right to limit quantities. Offers not available to wholesalers. No case discounts.

It's MEGA OMEGA WEEK!

Be good to your eyes, brain and heart with omega-rich oils.

25% OFF*

omega-rich vitamins and supplements during the MEGA OMEGA SALE!

*Regular retail on select sizes and varieties.

BULK FOODS

Bulk Gourmet Coffee

Select varieties.



\$6.99
lb.

Dark Chocolate Covered Cherries



\$4.99
lb.

Sweetened Mango Slices



\$4.99
lb.

Sunflower Seed Kernels

Raw, roasted salted, or roasted unsalted.



\$1.99
lb.

Roasted Trail Mix

Choose from salted or unsalted.



\$3.99
lb.

Bulk Foods Walnuts

Halves & Pieces, 12 oz.



\$4.99
ea.

Dark Chocolate Walnuts



\$4.99
lb.

Butter Toffee Peanuts



\$1.99
lb.

Bulk Foods Licorice

Select varieties, 16 oz.



\$2.99
ea.



Your brain is made up of 60% fat! Help nourish your brain with a healthy diet rich in omega-3 fatty acids.

DAIRY & FROZEN

Sprouts Cage-Free Brown Eggs

Large, grade AA, doz.



\$2.99
ea.

Evolution Fresh Juice

Select varieties, 15.2 oz.



2 for \$7

Almond Breeze Almondmilk

Select varieties, 64 oz.



2 for \$5

Applegate Chicken

Select varieties, 8 oz.



\$6.99
ea.

Newman's Own Pizza

Select varieties, 13.3-14.3 oz.



\$5.99
ea.

evol. Bowls

Select varieties, 8.13-9 oz.



\$3.99
ea.

Alexia Vegetables

Select varieties, 11-12 oz.



2 for \$4

Earthbound Farm Organic Roasted Potatoes

Select varieties, 20 oz.



2 for \$7

Katz Donuts

Select varieties, 10.5-14 oz.



\$5.99
ea.

Wallaby Organic Greek Yogurt

Select varieties, 5.3-6 oz.



4 for \$5

FRESH PRODUCE

Golden Ripe Pineapples



2 for \$4

Mighties Kiwi Fruit



\$3.98
ea.

Strawberries, Blueberries, Raspberries or Blackberries



2 for \$5

Organic Hass Avocados



4 for \$5

Organic Red, Green or Black Seedless Grapes



\$2.88
lb.

Organic Romaine, Red or Green Leaf Lettuce



4 for \$5

GROCERY SPECIALS

 <p>Smartwater 6 pk., 1 Ltr.</p> <p>\$5.99 ea.</p>	 <p>Maya Kaimal Naan Chips Select varieties, 6 oz.</p> <p>2 for \$4</p>	 <p>Tea's Tea Select varieties, 16.9 oz.</p> <p>99¢ ea.</p>	
 <p>R.W. Knudsen Simply Nutritious Juice Select varieties, 32 oz.</p> <p>\$2.99 ea.</p>	 <p>Hubert's Lemonade Select varieties, 16 oz.</p> <p>4 for \$5</p>	 <p>Once Again Organic Peanut Butter Select varieties, 16 oz.</p> <p>\$4.99 ea.</p>	 <p>Wholesome Syrup or Pamela's Pancake Mix Select varieties, 20-24 oz.</p> <p>\$3.99 ea.</p>
 <p>Safe Catch Sustainably Sourced Tuna Select varieties, 5 oz.</p> <p>\$2.99 ea.</p>	 <p>479 Popcorn Select varieties, 4-5 oz.</p> <p>2 for \$5</p>	 <p>Bob's Red Mill Flax Seed Select varieties, 16-24 oz.</p> <p>25% off regular retail</p>	 <p>Mamma Chia or Santa Barbara Bars Select varieties, 1.4-1.58 oz.</p> <p>99¢ ea.</p>
 <p>PowerIce Freeze Pops Select varieties, 10.2 oz.</p> <p>\$2.99 ea.</p>	 <p>Izze Soda Select varieties, 4 pk., 12 oz.</p> <p>\$3.99 ea.</p>	 <p>Seventh Generation Laundry Detergent Select varieties, 95-100 oz.</p> <p>\$9.99 ea.</p>	 <p>Castor & Pollux Ultramix Pet Food Select varieties and sizes.</p> <p>25% off regular retail</p>

TASTE & QUALITY YOU CAN TRUST.



PRICES YOU'LL LOVE.

<p>PASTA SAUCE Everyday low price. Select varieties, 25 oz.</p> <p>\$2.49 ea.</p>	<p>VEGGIE CHIPS OR STICKS 6 oz.</p> <p>2 for \$4</p>	<p>ORGANIC APPLE SAUCE CUPS Select varieties, 4 ct.</p> <p>2 for \$5</p>	<p>PRESERVES Select varieties, 17.5 oz.</p> <p>2 for \$7</p>
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Flax and chia seeds are rich in omega-3 fatty acids, so consider adding a tablespoon or two to your yogurt, salads or smoothies and boost your brain health!

VITAMINS & BODY CARE

 <p>Nutrex LINE DRIVE SAVINGS All Items</p> <p>20% off regular retail</p>	 <p>Himalaya Bacopa or MindCare 60 caps</p> <p>Buy 1 Get 1 FREE of equal or lesser value</p>	<p>THIS WEEK ONLY!</p> <p>MEGA OMEGA SALE!</p>  <p>25% OFF REGULAR RETAIL ON SELECT VARIETIES AND SIZES</p> <p>GET MEGA STOCKED UP!</p>	
 <p>LifeSeasons LINE DRIVE SAVINGS All Items</p> <p>20% off regular retail</p>	 <p>Alvita Organic Teas LINE DRIVE SAVINGS All Items</p> <p>20% off regular retail</p>		
 <p>Garden of Life Dr. Formulated Probiotics Select varieties and sizes</p> <p>25% off regular retail</p>	 <p>Reserveage Collagen Replenish 2.75 oz. powder or 60 chews.</p> <p>20% off regular retail</p>	 <p>Natural Vitality Natural CALM Select varieties, 8-30 oz.</p> <p>20% off regular retail</p>	 <p>Jarrow Formulas Lutein 20mg 60 softgels</p> <p>\$12.99 ea.</p>
 <p>Nature's Life Acidophilus or PRO 96 Acidophilus Select varieties, 16 oz.</p> <p>\$12.99 ea.</p>	 <p>Vega Protein Smoothie Select varieties, 9-9.3 oz.</p> <p>\$16.99 ea.</p>	 <p>Natural Factors Biosil Beauty Bones Joints Liquid 1 oz.</p> <p>\$26.99 ea.</p>	 <p>Bluebonnet Liquid Super Earth MultiNutrient 32 oz.</p> <p>\$29.99 ea.</p>
 <p>Desert Essence Coconut Hair or Body Care Select varieties, 5-8.5 oz.</p> <p>25% off regular retail</p>	 <p>Alba Botanica Hawaiian Skin Care Select varieties and sizes.</p> <p>25% off regular retail</p>	 <p>Hugo Naturals Coconut Hair or Body Care Select varieties, 8-12 oz.</p> <p>25% off regular retail</p>	 <p>Everyday Coconut Coconut Lime Ultra Hydrating Hair or Body Care Select varieties, 11-32 oz.</p> <p>25% off regular retail</p>



SPROUTS OLD Tyme BUTCHER SHOP

Fresh Ground Chicken or Marinated Pollo Asado

Our chicken is ground fresh every day, or try our famous Pollo Asado!

Pork Sirloin Roast, Chops or Ground Pork

Farm-fresh, premium pork. Lean, tender and flavorful!



Your Choice

\$2.99 lb.

ALL-NATURAL!

BONELESS

SPROUTS FISH MARKET

Wild species, weather permitting.

Fresh Atlantic Salmon Fillets

High in Omega-3 fatty acids. Farm-raised.



PROMOTES A HEALTHY HEART

FRESH

\$6.99 lb.

Farm-Fresh Whole or Split Chicken

All-natural, moist and tender. Never frozen!



ALL-NATURAL!

\$1.69 lb.

GREAT FLAVOR

Rosie Organic Whole Chicken \$2.99/lb.

Pork or Chicken Italian Sausage

Freshly handcrafted, with no added MSG or nitrates! Links or bulk available.



ALL-NATURAL!

\$3.99 lb.

HOT OR SWEET

Rockfish or Dover Sole Wild, Freshly Caught Fillets

Delivered fresh up to six days a week! Mild and delicately flavored.



WILD CAUGHT favorites

\$5.99 lb.

Wild Alaskan Cod Fillets (previously frozen) **\$8.49**/lb.

SPECIAL

Fresh Lamb Loin Chops (bone-in)..... **\$7.99**/lb.

Old Tyme Smoked Stack Bacon (Hickory or Peppered, 20 oz. pkg.)... **\$4.99**/ea.

Sprouts 100% Grass-Fed Ground Beef

No hormones or antibiotics added, ever! Previously frozen.



ALL-NATURAL!

GRASS-FED!

\$5.99 lb.

USDA Choice All-Natural Chuck Roast or Steak

Slow-cook our exclusive beef for a fork-tender pot roast tonight! Boneless.



SPROUTS OLD Tyme BUTCHER SHOP

USDA CHOICE ALL-NATURAL Beef!

\$5.49 lb.

USDA Choice All-Natural Top Sirloin Steak

Our signature beef; center-cut and boneless, flavorful and tender.



SPROUTS OLD Tyme BUTCHER SHOP

USDA CHOICE ALL-NATURAL Beef!

\$7.99 lb.

Choice Natural New York Cut Sirloin Steak ... **\$8.99**/lb.

FRESH DELI

Colby Jack Cheese

BULK CUT!



\$3.99 lb.

Buffalo-Style Chicken Breast



\$6.99 lb.

Sliced and pre-packaged for your convenience.

Spaghetti with Meatballs

Everyday low price.



\$3.99 lb.

Chicken Caesar Salad



\$5.99 lb.

Hometown Bagel Chips

Select varieties, 6 oz.



2 for **\$6**

Copper Creek Pork Carnitas

14 oz.



\$6.99 ea.

BAKERY

Sprouts Sandwich Bread

Select varieties, 18 oz.



\$3.29 ea.

Sprouts Hamburger or Hot Dog Buns

Everyday low price. Select varieties, 8 ct.



\$2.99 ea.

Irish Soda Bread

17 oz.



\$3.29 ea.

Sprouts Mini Cheesecakes

Everyday low price. Select varieties, 4-4.2 oz.



\$2.99 ea.



DOUBLE AD WEDNESDAYS!

Last week's ad and this week's ad overlap for twice as many items on sale!

Effective August 5, 2015 - August 12, 2015							
WED	THURS	FRI	SAT	SUN	MON	TUE	WED
5	6	7	8	9	10	11	12

For store hours, visit us online at sprouts.com



OFFERS ONLY GOOD HIT

Bixby
10111 S. Memorial Dr.
Tulsa, OK 74133
918-364-7272

Broken Arrow
851 E. Hillside Dr.
Broken Arrow, OK 74012
918-806-0810

Edmond
24 E. 2nd St.
Edmond, OK 73034
405-341-5727

Norman
559 W. Main St.
Norman, OK 73069
405-217-4601

Oklahoma City
6410 N. May Ave.
Oklahoma City, OK 73116
405-879-9989

Owasso
9601 N. 133rd E. Avenue
Owasso, OK 74055
918-516-6656

Tulsa
4123 S. Harvard Ave
Tulsa, OK 74135
918-858-8850

PRICES OR ITEMS MAY VARY IN OTHER LOCATIONS.

sprouts.com

Coupons, free products and more when you join our FREE mailing list.

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