

The **Sprouts**

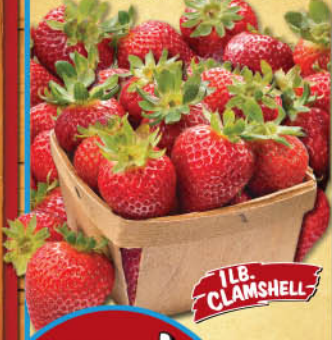


Hour Sale!

Seize the Savings
this **Fri-Sat-Sun**

September 18 - September 20

**Sweet
Strawberries**



**1 LB.
CLAMSHELL**

4 for \$5

**Jumbo Hass
Avocados**



**Avocados
Mexico**

4 for \$5

**Farm Fresh
Chicken
Tenders**

All-natural, with no additives.



SUPER-LEAN

\$1.88
lb.

**Double-Dipped
Chocolate
Peanuts**



\$1.99
lb.

**Sprouts
Coconut Water**

Select varieties, 17.5 oz.



**NON
GMO
Project
VERIFIED**
nongmaproject.org

99¢
ea.

The **Sprouts**



Hour Sale!

*Seize the Savings
this Fri-Sat-Sun*

September 18 - September 20

Wild-Caught Ahi Tuna Steaks

Easy to prepare and
great on the grill!
Previously frozen.

PROMOTES A
HEALTHY
HEART



\$5.99
lb.

Ménage à Trois Wine

Select varieties, 750 ml.



\$8.99
ea.

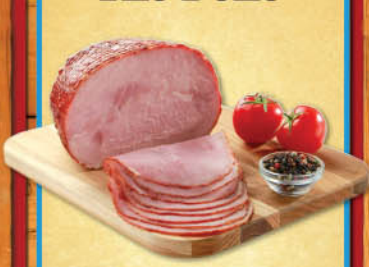
Mountain High Yoghurt

Select varieties, 32 oz.



2 \$4
for

Ham Off The Bone



Sliced and pre-packaged
for your convenience.

\$4.99
lb.

Spectrum Organic Ground Flaxseed

14 OZ.



\$3.99
ea.

Fall Favorites

25% off
regular retail

Select brands, varieties and sizes.



BULK FOODS

Dark Chocolate Walnuts



\$4.99 lb.

Oats

Quick, rolled or steel cut.



69¢ lb.

Dried Cranberries



\$2.99 lb.

Organic Pumpkin Flax Granola



\$2.99 lb.

Pumpkin Seed Kernels

Raw, roasted salted or unsalted.



\$4.99 lb.

Roasted Trail Mix

Salted or unsalted.



\$3.99 lb.

BEER & WINE

Apothic or Alamos Wine



\$8.99 ea.
Mix and match 6 bottles or more and save an additional 10%.
-10% discount = \$8.09 ea.
Select varieties, 750 ml.

Coppola, Kim Crawford or Joel Gott Wine



\$14.99 ea.
Mix and match 6 bottles or more and save an additional 10%.
-10% discount = \$13.49 ea.
Select varieties, 750 ml.

Woodchuck Hard Cider or Shiner Beer

Select varieties, 6 pk., 12 oz.



\$6.99 ea.

Blue Moon or Buffalo Bill's Beer

Select varieties, 6 pk., 12 oz.



\$7.99 ea.

Get Pumped For **PUMPKIN**

Fall for new seasonal favorites from Sprouts Brand!

DAIRY SPROUTS BRAND FROZEN Sale

ORANGE JUICE

Not from concentrate. Select varieties, 64 oz.



\$2.99 ea.

BUTTER

Salted or unsalted. 1 lb.



\$2.99 ea.
Everyday low price.

PIZZA

Select varieties, 11.5-14 oz.



\$3.99 ea.

ORGANIC WAFFLES

Select varieties, 6 ct.



2 for \$4

SOUR CREAM OR CREAM CHEESE

Select varieties, 8-16 oz.



\$1.49 ea.

FRUIT BARS

Select varieties, 4 ct.



\$1.99 ea.

LASAGNA

Select varieties, 10 oz.



\$2.99 ea.

GELATO

Select varieties, 30 oz.



\$3.99 ea.

TOFU

Select varieties, 12-14 oz.



99¢ ea.

VEGGIE BURGERS

Select varieties, 4 ct.



\$2.99 ea.

FRESH PRODUCE

Red or Black Plums



2 for \$3 lbs.

Romaine, Red or Green Leaf Lettuce



88¢ ea.

Blackberries



2 for \$5 5.6 oz.

Organic Baby Orange or Rainbow Carrots



\$1.48 ea.
1 lb. bag / 12 oz.

Organic Green Curly or Lacinato Kale



98¢ ea.

Organic Red, Green or Black Seedless Grapes



\$2.48 lb.



GROCERY SPROUTS BRAND SPECIALS

Sale

VEGGIE CHIPS OR STICKS
6 oz.

2 for \$3

ORGANIC COCONUT OIL
Refined or unrefined, 14 oz.

\$5.99 ea.

TORTILLA CHIPS
Select varieties, 12 oz.

2 for \$3

ORGANIC SPICES
Select varieties, .36-2.36 oz.

25% off regular retail

MACARONI & CHEESE
Select varieties, 7.25 oz.

99¢ ea.

ORGANIC PASTA SAUCE
Select varieties, 25 oz.

2 for \$5

JERKY
Select varieties, 3.25 oz.

\$4.99 ea.

ORGANIC APPLE CIDER VINEGAR
Everyday low price. 32 oz.

\$3.99 ea.

TOMATOES
Select varieties, 28 oz.

2 for \$3

ORGANIC APPLE JUICE
Everyday low price. 1 gal.

\$7.99 ea.

ORGANIC HONEY
Select varieties, 24 oz.

\$7.99 ea.

ORGANIC EXTRA VIRGIN OLIVE OIL
750 ml.

\$7.99 ea.

KETTLE CORN
7 oz.

2 for \$3

ORGANIC INSTANT OATMEAL
Select varieties, 8 ct.

\$2.99 ea.

ALKALIZED WATER
1 gal.

\$2.99 ea.

BATH TISSUE
12 ct.

\$5.99 ea.

LIQUID LAUNDRY DETERGENT
Select varieties, 100 oz.

\$7.99 ea.

DISH SOAP
Select varieties, 25 oz.

2 for \$5

DOG TREATS
Select varieties, 4-5 oz.

2 for \$5



We guarantee you'll love 'em, or your money back!



VITAMINS & BODY CARE

Verba Prima

LINE DRIVE SAVINGS
All Items
20% off regular retail

Emerald Labs

LINE DRIVE SAVINGS
All Items
20% off regular retail

Garden of Life

LINE DRIVE SAVINGS
All Items
25% off regular retail

Genesis Today

LINE DRIVE SAVINGS
All Items
20% off regular retail

Irwin Naturals Liquid-Gel Multis
Select varieties, 60-120 softgels

25% off regular retail

Nature's Gate Facial Care
Select varieties, 1-8 oz.

25% off regular retail

Natren

LINE DRIVE SAVINGS
All Items
20% off regular retail

Barlean's Organic Forti-Flax
16 oz.

\$6.99 ea.

Solgar U-Cubes
60 gummies

\$7.99 ea.

Desert Essence Lotion or Hair Care
Select varieties, 3.5-12.9 oz.

25% off regular retail

Source Naturals Theanine Serene with Relora
30 tabs

\$7.99 ea.

American Health Probiotic Acidophilus
Select varieties, 16 oz.

\$10.99 ea.

Lifetime Calcium Magnesium Citrate
Select varieties, 16 oz.

\$11.99 ea.

Dr. Bronner's Castile Liquid Soap
Select varieties, 16 oz.

\$6.99 ea.

Solaray Mega B-Stress
Two-Stage, Timed-Release, 120 v-caps

\$14.99 ea.

Vega All-In-One Nutritional Shake
Select varieties, 15-15.4 oz.

\$32.99 ea.

Jarrow Formulas Neuro Optimizer
120 caps

\$34.99 ea.

NOW Ultrasonic Oil Diffuser
1 unit

\$34.99 ea.



SPROUTS OLD TYME BUTCHER SHOP

END OF SUMMER ALL-NATURAL RIB FEST

Tender, Flavorful Bone-In Country Style Pork Ribs

Succulent Pork Spare Ribs

Meaty Pork Loin Baby Back Ribs



\$1.99
lb.

\$2.99
lb.

\$3.99
lb.

FRESH, NEVER FROZEN!

SPROUTS FISH MARKET

Wild species, weather permitting.

Fresh Atlantic Salmon Portions

High in Omega-3 fatty acids. Farm-raised.



6 oz.

\$4.99
ea.

FRESH

All-Natural Chicken Kabobs or Pollo Asado

Farm-fresh chicken, marinated in our own all-natural sauces!



GREAT FLAVORS!

\$2.99
lb.

Pork Sausage Celebration

Freshly handcrafted, with no MSG or nitrates added. Links or bulk available.



ALL-NATURAL!

ALL VARIETIES ON SALE!

\$3.99
lb.

Wild, Freshly Caught Pacific Rockfish Fillets

Delivered fresh up to six days a week! Mild and delicately flavored.



WILD CAUGHT favorites

\$6.99
lb.

Live Littleneck Clams

(wild-caught)..... \$4.99/lb.

SPECIAL

Fresh Lamb Shoulder Chops (bone-in)..... \$4.99/lb.

Rosie Organic Whole Chicken..... \$2.99/lb.

Sprouts Gourmet Beef or Turkey Burgers

Only the freshest ingredients are used to make these mouthwatering burgers!



ALL-NATURAL!

ALL VARIETIES ON SALE!

\$4.99
lb.

USDA Choice All-Natural Chuck Roast, Steak or London Broil

Flavorful and tender, our beef is raised exclusively for Sprouts.



USDA CHOICE ALL-NATURAL Beef!

SPROUTS OLD TYME BUTCHER SHOP

\$4.99
lb.

USDA Choice All-Natural Top Sirloin Steak

Our signature beef; exceptional steaks!



USDA CHOICE ALL-NATURAL Beef!

SPROUTS OLD TYME BUTCHER SHOP

\$8.99
lb.

Choice Natural New York Cut Sirloin Steak ... \$9.99/lb.

FRESH DELI

Hot Pepper Jack Cheese

Just the right spice!



BULK CUT

\$3.99
lb.

Garlic & Herb Chicken Breast



Sliced and pre-packaged for your convenience.

\$6.99
lb.

Honey Sriracha Chicken with Brown Rice

NEW!



\$6.99
lb.

Sprouts Tofu Pad Thai or Roasted Vegetable Enchiladas

16 oz.



NEW!

\$5.99
ea.

BAKERY

Sprouts Sandwich Bread

Select varieties, 18 oz.



\$3.29
ea.

Aussie Bites or Sunrise Energy Bars

10 oz.



\$3.99
ea.

French Bread

15 oz.



FRESHLY BAKED!

\$1.49
ea.

Whole Fruit Pies

Select varieties, 8 in.



FRESHLY BAKED!

\$3.99
ea.

DOUBLE AD WEDNESDAYS!

Starting next Wednesday, you get to shop two ads for twice as many items on sale!

Effective September 16, 2015 - September 23, 2015

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
16	17	18	19	20	21	22	23

Open daily 7am - 10pm



Albuquerque
10701 Corrales Rd. NW
Albuquerque, NM 87114
505-890-7900

11201 Montgomery Blvd. NE
Albuquerque, NM 87111
505-298-2447

Santa Fe
3201 Zafarano Dr. Suite #20
Santa Fe, NM 87507
505-424-1900

5112 Lomas Blvd. NE
Albuquerque, NM 87110
505-268-5127

6300 San Mateo Blvd. NE
Albuquerque, NM 87109
505-821-7000

199 Paseo de Peralta
Santa Fe, NM 87501
505-988-1140

PRICES MAY VARY IN OTHER LOCATIONS

Satisfaction Guaranteed!

If for any reason you are not delighted with your purchase at Sprouts, we'll be happy to exchange it or (with a proper receipt) refund your money. We want you to use this guarantee as a license to be adventurous, and try new products without risk.

Visit us online



sprouts.com



Coupons, free products and more when you join our FREE mailing list.