

The **Sprouts**



Hour Sale!

Seize the Savings
this **Fri-Sat-Sun**

September 18 - September 20

Sweet Corn



5 for **\$1**

Sunset Snacking Tomatoes

Grape, cherry or golden.



\$1 ea.

Farm Fresh Chicken Tenders

All-natural, with no additives.



\$1.88 lb.

Double-Dipped Chocolate Peanuts



\$1.99 lb.

Sprouts Coconut Water

Select varieties, 17.5 oz.



99¢ ea.

The **Sprouts**



Hour Sale!

*Seize the Savings
this Fri-Sat-Sun*

September 18 - September 20

Wild-Caught Ahi Tuna Steaks

Easy to prepare and
great on the grill!
Previously frozen.

PROMOTES A
HEALTHY
HEART



\$5.99
lb.

Sprouts Kettle Style Potato Chips

Select varieties, 5 oz.



99¢
ea.

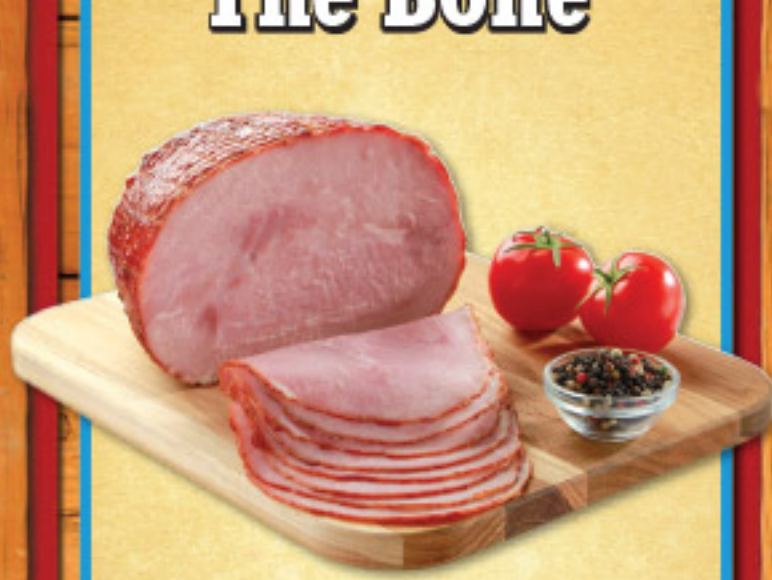
Mountain High Yoghurt

Select varieties, 32 oz.



2 \$4
for

Ham Off The Bone



Sliced and pre-packaged
for your convenience.

\$4.99
lb.

Spectrum Organic Ground Flaxseed

14 oz.



\$3.99
ea.

Fall Favorites

25% off
regular retail
Select brands, varieties and sizes.



BULK FOODS

<p>Dark Chocolate Walnuts</p> <p>\$4.99 lb.</p>	<p>Oats Quick, rolled or steel cut.</p> <p>69¢ lb.</p>	<p>Dried Sweetened Pineapple</p> <p>\$3.99 lb.</p>
<p>Dried Cranberries</p> <p>\$2.99 lb.</p>	<p>Organic Pumpkin Flax Granola</p> <p>\$2.99 lb.</p>	<p>Pinto Beans</p> <p>99¢ lb.</p>
<p>Pumpkin Seed Kernels Raw, roasted salted or unsalted.</p> <p>\$4.99 lb.</p>	<p>Roasted Trail Mix Salted or unsalted.</p> <p>\$3.99 lb.</p>	<p>Salted Sunflower Butter Prepackaged, 14 oz.</p> <p>\$2.99 ea.</p>

Get Pumped For **PUMPKIN**

Fall for new seasonal favorites from Sprouts Brand!

DAIRY SPROUTS BRAND FROZEN Sale

<p>ORANGE JUICE Not from concentrate. Select varieties, 64 oz.</p> <p>\$2.99 ea.</p>	<p>BUTTER Salted or unsalted, 1 lb.</p> <p>\$2.99 ea.</p>	<p>PIZZA Select varieties, 11.5-14 oz.</p> <p>\$3.99 ea.</p>
<p>ORGANIC WAFFLES Select varieties, 6 ct. </p> <p>2 for \$4</p>	<p>SOUR CREAM OR CREAM CHEESE Select varieties, 8-16 oz.</p> <p>\$1.49 ea.</p>	<p>FRUIT BARS Select varieties, 4 ct.</p> <p>\$1.99 ea.</p>
<p>LASAGNA Select varieties, 10 oz.</p> <p>\$2.99 ea.</p>	<p>GELATO Select varieties, 30 oz.</p> <p>\$3.99 ea.</p>	<p>TOFU Select varieties, 12-14 oz.</p> <p>99¢ ea.</p>
<p>VEGGIE BURGERS Select varieties, 4 ct.</p> <p>\$2.99 ea.</p>		

FRESH PRODUCE

<p>Sweet Yellow Peaches</p> <p>2 for \$3 lbs.</p>	<p>Sweet Potatoes</p> <p>98¢ lb.</p>	<p>Grape Tomatoes 1 DRY PINT</p> <p>2 for \$3</p>
<p>Organic Baby Peeled Carrots </p> <p>2 for \$3 1 LB. BAG</p>	<p>Organic Red, Green or Black Seedless Grapes </p> <p>\$2.88 lb.</p>	<p>Organic Romaine, Red or Green Leaf Lettuce </p> <p>2 for \$3</p>

GROCERY SPROUTS BRAND SPECIALS



VEGGIE CHIPS OR STICKS
6 oz.
2 for \$3

ORGANIC COCONUT OIL
Refined or unrefined, 14 oz.
\$5.99 ea.

TORTILLA CHIPS
Select varieties, 12 oz.
2 for \$3

ORGANIC SPICES
Select varieties, .36-2.36 oz.
25% off regular retail

MACARONI & CHEESE
Select varieties, 7.25 oz.
99¢ ea.

ORGANIC PASTA SAUCE
Everyday low price. Select varieties, 25 oz.
\$2.99 ea.

JERKY
Select varieties, 3.25 oz.
\$4.99 ea.

ORGANIC APPLE CIDER VINEGAR
Everyday low price. 32 oz.
\$3.99 ea.

TOMATOES
Select varieties, 28 oz.
2 for \$3

ORGANIC APPLE JUICE
1 gal.
\$7.99 ea.

ORGANIC HONEY
Select varieties, 24 oz.
\$7.99 ea.

ORGANIC EXTRA VIRGIN OLIVE OIL
750 ml.
\$7.99 ea.

KETTLE CORN
7 oz.
2 for \$3

ORGANIC INSTANT OATMEAL
Select varieties, 8 ct.
\$2.99 ea.

ALKALIZED WATER
1 gal.
\$2.99 ea.

BATH TISSUE
12 ct.
\$5.99 ea.

LIQUID LAUNDRY DETERGENT
Select varieties, 100 oz.
\$7.99 ea.

DISH SOAP
Select varieties, 25 oz.
2 for \$5

DOG TREATS
Select varieties, 4-5 oz.
2 for \$5

100% MONEY BACK GUARANTEE We guarantee you'll love 'em, or your money back!



VITAMINS & BODY CARE

Verba Prima
LINE DRIVE SAVINGS
All Items
20% off regular retail

Emerald Labs
LINE DRIVE SAVINGS
All Items
20% off regular retail

Garden of Life
LINE DRIVE SAVINGS
All Items
25% off regular retail

Genesis Today
LINE DRIVE SAVINGS
All Items
20% off regular retail

Irwin Naturals Liquid-Gel Multis
Select varieties, 60-120 softgels
25% off regular retail

Nature's Gate Facial Care
Select varieties, 1-8 oz.
25% off regular retail

Natren
LINE DRIVE SAVINGS
All Items
20% off regular retail

Barlean's Organic Forti-Flax
16 oz.
\$6.99 ea.

Solgar U-Cubes
60 gummies
\$7.99 ea.

Desert Essence Lotion or Hair Care
Select varieties, 3.5-12.9 oz.
25% off regular retail

Source Naturals Theanine Serene with Relora
30 tabs
\$7.99 ea.

American Health Probiotic Acidophilus
Select varieties, 16 oz.
\$10.99 ea.

Lifetime Calcium Magnesium Citrate
Select varieties, 16 oz.
\$11.99 ea.

Dr. Bronner's Castile Liquid Soap
Select varieties, 16 oz.
\$6.99 ea.

Solaray Mega B-Stress
Two-Stage, Timed-Release, 120 v-caps
\$14.99 ea.

Vega All-In-One Nutritional Shake
Select varieties, 15-15.4 oz.
\$32.99 ea.

Jarrow Formulas Neuro Optimizer
120 caps
\$34.99 ea.

NOW Ultrasonic Oil Diffuser
1 unit
\$34.99 ea.



SPROUTS OLD TYME BUTCHER SHOP

END OF SUMMER ALL-NATURAL RIB FEST

Tender, Flavorful Bone-In Country Style Pork Ribs

Succulent Pork Spare Ribs

Meaty Pork Loin Baby Back Ribs



\$1.99
lb.

\$2.99
lb.

\$3.99
lb.

FRESH, NEVER FROZEN!

SPROUTS FISH MARKET

Wild species, weather permitting.

Fresh Atlantic Salmon Portions

High in Omega-3 fatty acids. Farm-raised.



6 oz.

\$4.99
ea.

FRESH

All-Natural Chicken Kabobs or Pollo Asado

Farm-fresh chicken, marinated in our own all-natural sauces!



GREAT FLAVORS!

\$2.99
lb.

Pork Sausage Celebration

Freshly handcrafted, with no MSG or nitrates added. Links or bulk available.



ALL-NATURAL!

ALL VARIETIES ON SALE!

\$3.99
lb.

Wild, Freshly Caught Pacific Rockfish Fillets

Delivered fresh up to six days a week! Mild and delicately flavored.



WILD CAUGHT favorites

\$6.99
lb.

Live Littleneck Clams

(wild-caught)..... \$4.99/lb.

SPECIAL

Fresh Lamb Shoulder Chops (bone-in)..... \$4.99/lb.

Rosie Organic Whole Chicken..... \$2.99/lb.

Sprouts Gourmet Beef or Turkey Burgers

Only the freshest ingredients are used to make these mouthwatering burgers!



ALL-NATURAL!
\$4.99
lb.

USDA Choice All-Natural Chuck Roast, Steak or London Broil

Flavorful and tender, our beef is raised exclusively for Sprouts.



USDA CHOICE ALL-NATURAL Beef!

\$4.99
lb.

USDA Choice All-Natural Top Sirloin Steak

Our signature beef; exceptional steaks!



USDA CHOICE ALL-NATURAL Beef!

\$8.99
lb.

Choice Natural New York Cut Sirloin Steak ... \$9.99/lb.

FRESH DELI

Hot Pepper Jack Cheese

Just the right spice!



BULK CUT!
\$3.99
lb.

Garlic & Herb Chicken Breast



Sliced and pre-packaged for your convenience.

\$6.99
lb.

Honey Sriracha Chicken with Brown Rice

NEW!



\$6.99
lb.

Sprouts Tofu Pad Thai or Roasted Vegetable Enchiladas

16 oz.



NEW!

\$5.99
ea.

BAKERY

Sprouts Sandwich Bread

Select varieties, 18 oz.



\$3.29
ea.

Aussie Bites or Sunrise Energy Bars

10 oz.



\$3.99
ea.

French Bread

15 oz.



FRESHLY BAKED!
\$1.49
ea.

Whole Fruit Pies

Select varieties, 8 in.



FRESHLY BAKED!

\$3.99
ea.

DOUBLE AD WEDNESDAYS!

Starting next Wednesday, you get to shop two ads for twice as many items on sale!

Effective September 16, 2015 - September 23, 2015

WED	THURS	FRI	SAT	SUN	MON	TUE	WED
16	17	18	19	20	21	22	23

For store hours, visit us online at sprouts.com



OFFERS ONLY GOOD AT

Lawrence

4740 Bauer Farm Dr.
Lawrence, KS 66049
785-727-7314

Lenexa

8550 Maurer Rd.
Lenexa, KS 66219
913-312-1586

Overland Park

6821 W. 135th Street
Overland Park, KS 66223
913-643-4190

PRICES MAY VARY IN OTHER LOCATIONS

Visit us online



sprouts.com



Coupons, free products and more when you join our FREE mailing list.

Satisfaction Guaranteed!

If for any reason you are not delighted with your purchase at Sprouts, we'll be happy to exchange it or (with a proper receipt) refund your money. We want you to use this guarantee as a license to be adventurous, and try new products without risk.